



Step Into the Spotlight

The curtain will go up on the 2006 ODA Spring Convention on April 6 in the beautiful setting of the DoubleTree Hotel at Warren Place in Tulsa. We have assembled an exciting cast and ODA is bringing you star speakers from the dietetics field.

On Thursday Susan Laramée, immediate Past President of ADA, will deliver the keynote, building on the convention theme of spotlighting the dietetics profession, through her presentation on leadership. She is sponsored by ediba Diabetes Center of Excellence and ADA.



Laramée

All signs point to an entertaining and high-energy session with Zonya Foco, RD, full-time speaking professional, and host of *Zonya's Health Bites* on PBS. She will inspire you with a memorable presentation on becoming a better teacher, speaker, and motivator. She comes to share her years of experience to help you effectively reach your audience of one or one thousand. Midwest Dairy Council is bringing Zonya to Oklahoma.



Foco

You know how valuable your work is. Do you know how to communicate it to others?

Friday's keynote speaker, Dr. Joanne Lichten, will be sharing valuable lessons that she's learned. Dr. Jo is a successful author and speaker on nutrition and professional issues. Ross Nutrition and Tulsa Regional are joining ODA in bringing Dr. Jo to Tulsa.



Lichten

Susan Pitman of the International Food Information Council knows all about food trends and will help you understand food and nutrition from the public's POV. She is sponsored by the Oklahoma Beef Council.

Dr. Judith Rodriguez will use heart health as the context for her session on clear nutrition communication with the Hispanic population. She is sponsored by General Mills Bell Institute of Health and Nutrition.

Confused by all those "Protein Powders, Potions, and Elixirs"? Dr. Mary Litchford will help you make sense of the use of proteins and amino acid preparations in a session sponsored by Novartis Nutrition.

On Thursday, we will also have sessions on nutrition for inborn errors of metabolism with Tulsa pediatric dietitian Michele Spurlock, palliative care with Dr. Jeffrey Alderman, and a panel on professional mentoring moderated by Dr. Joanne Lichten with Kit Hines, Tulsa Public Schools; Julie Huber, director of the OSU DI program; and Dr. Mitzi Norris, Education Coordinator for the Veterans Administration.

Whether you depend on your copy of *Food Medication Interactions* or are unfamiliar with it, you'll want to hear about new medications and how they are affected by foods from Zaneta Pronsky and Dean Elbe. Zaneta is returning after a 4 year absence with a new edition of her book and new information. Dean, a pharmacist who is also ODA's webmaster, will be joining her.

Jackie Schulz, corporate dietitian with Nestlé Nutrition, will bring the latest in evidence-based practice on nutrition support in chronic and acute pancreatitis.

In Friday concurrent sessions, Ruth Gordon of the School Nutrition Services DPG will give us the scoop on how dietetics professionals put the most nutrition into school lunches. Oklahoma Pork Council is sponsoring her travel from Georgia. A panel of ODA members will make evidence-based practice more accessible. Misti Leyva, Nutrition Manager of the OUHSC General Clinical Research Center, will explain how practice issues become research projects. Dr. Nancy Betts, OSU NSCI department head, will speak on her work translating research into practice, and Erica Dean, EAL reviewer, will lead us through the ADA Evidence Analysis Library and Guidelines so that you can get the most out of this valuable member benefit. Shari Fisher of Medtronic will update you on insulin pump therapy.



Rodriguez

During the last hour, Robert Rinner of Express Personnel will address a student session on navigating your first job. Dr. Lukas Haragsim, Associate Professor at OU in Nephrology, will speak on hyperparathyroidism in chronic kidney disease. He is sponsored by Amgen Pharmaceuticals. Mathea Ford of OU Med Center and Melody Rankin of DDS are implementing the Nutrition Care Process (NCP) in their respective practice settings and will share what they have learned. Mathea is one of 18 dietitians nationwide who were trained by ADA to use the NCP and is a part of the Peer to Peer Network.

The Program Committee has scheduled speakers who are relevant to dietitians in a wide variety of practice settings. Debi Stephens is planning delicious meals with the DoubleTree staff. The Awards Luncheon will honor professionals and students on Thursday. Please join us for this special event.

The Exhibit Hall will be open on Friday and we are receiving contracts from a variety of vendors. They will come to our convention eager to share their products and information with our members. Their presence helps to support ODA through the year so please take the time to visit with each one and take information back to your colleagues.

Additional convention sponsors are Natural Ovens Bakery, Eden Organics, McDonald's, Nutrition Management Services Campbell Soup Company and OGE Food Technology Center.

2006 ODA Spring Convention

Thursday, April 6



- 8:00-8:25 am** **Registration:** DoubleTree at Warren Place, Tulsa
- 8:25-8:30 am** **Welcome** Karen Meyers, MS, RD/LD, ODA President
- 8:30-9:30 am** **Looking for Leaders: Essential Skills for Dietetics Professionals**
1 CPEU Susan Laramee, MS, RD, LD, FADA, Immediate ADA Past President, Rockport, MA.
Sponsored by ediba Diabetes Center of Excellence
- 9:40-11:00 am** **How to Make Nutrition Exciting and Fun: How to be a Better Speaker, Teacher, and Motivator**
1.25 CPEU Zonya Foco, RD, CHFI, CSP, Zonya Health International, Ann Arbor, MI.
Sponsored by the Midwest Dairy Council
- 11:10 am-12:10 pm** **Trend Spotting for Success: Beyond the Low Carb Boom and Bust**
1 CPEU Susan Pitman, MA, RD, Principal, Pitman Nutrition Strategies, Washington, DC.
Sponsored by Oklahoma Beef Council
- 12:10-1:30 pm** **ODA Awards Luncheon**-See registration form for reservation information.
Beef entrée sponsored by Oklahoma Beef Council.
- 1:30-2:30 pm** **Translating Nutrition Recommendations into Action for Latinos: A Focus on Heart Health**
1 CPEU Judith C. Rodriguez, PhD, RD, FADA, President of Nutrispan, Jacksonville, FL.
Sponsored by General Mills Bell Institute of Health & Nutrition
- 2:30-2:45 pm** **Milk Break**
- 2:45-3:45 pm** **CONCURRENT SESSIONS**
1 CPEU
- a) Protein Powders, Potions, and Elixirs**
Mary Litchford, PhD, RD, President, Case Software, Greensboro, NC.
Sponsored by Novartis Nutrition
- b) Infant Metabolic Disorder: The Nutrition Care Plan**
Michele Spurlock, RD/LD, Pediatric Dietitian, St. John Medical Center, Tulsa.
- 3:55-4:55 pm** **CONCURRENT SESSIONS**
1 CPEU
- a) Palliative Care: Comfort for Patients with Complex Disease and Terminal Illness**
Jeffrey Alderman, MD, Asst. Prof of Medicine, OU College of Medicine, Tulsa.
- b) Perfecting Your Professional Song and Dance through Mentoring**
Moderator: Joanne Lichten, PhD, RD, Nutrifit Consulting, Weston, FL;
Panel: Julie Huber, MS, RD/LD, OSU Dietetics Internship Director, Stillwater;
Kit Hines, RD, Child Nutrition Director of operations, Sodexo Tulsa Public Schools;
Mitzi Norris, PhD, VAMC Education Coordinator, Jackson, MS-sponsored by South
Central VA Health Care Network
- 5:15-7:00 pm** **Cast Party-St. Francis Hospital**
Sponsored by Wild Oats and St. Francis Hospital
- 7:30-8:30 pm** **ODA Board Meeting-DoubleTree Hotel**

Cast Party!



Please note the change of location due to construction at St. Francis.

Join us at the Warren Clinic Tower Building after the Thursday convention sessions for a networking reception for all. [Wild Oats Market](#) is graciously supplying a delicious and varied menu of salads. St. Francis will be supplying dessert and beverages. The reception will start at 5:15 pm and continue until 7 pm. The ODA Board will be on hand to welcome you and we expect that our speakers who are in Tulsa (including Dr. Jo) will join us. We hope you will be able to join us whether or not you were able to attend the convention during the day.

Please let us know if you plan to attend by indicating on the registration form or by e-mailing oda@okstate.edu by March 31. We need to give Wild Oats an approximate number that we have enough food for everyone.

The Warren Clinic Tower is located at 6600 S. Yale.



Directions to the ODA Convention

**Double Tree at Warren Place Business Park
6110 S. Yale
Tulsa, OK**

Do you remember the old joke, “How do you get to Carnegie Hall?” “Practice, Practice, Practice.” It’s appropriate to our theme but not very helpful. The DoubleTree website gives excellent driving directions at <http://www.doubletree.com/en/dt/hotels/index.jhtml?ctyhocn=TULSYDT>.

The hotel is set back off of the southwest corner of S. Yale and E. 61st Streets in Tulsa in a wooded area. There is an entrance into the park from both streets on Robert Shinn Boulevard.

The parking garage is located to the left of the hotel as you look at it in the picture above. You may park on any floor and take the elevator to the lobby level of the hotel and the lobby escalator down. If you park in the valet parking at the front of the hotel, you will take the escalator from the lobby to the lower level which looks out onto the beautiful grounds of the hotel.

Get Your Early Morning Mo-Jo



Motivation and Joe in One Stride!

The grounds of the DoubleTree boast a beautiful half mile walking trail through their parklike grounds so we thought it would be fun to invite you for a walk/run/jog/saunter on Friday morning between 6:30 and 8:00 a.m. The coffee will be ready when you get back. You can reach the trail from the hallway that runs outside our convention rooms. Of course, you are welcome to walk or run on Thursday morning, too. Dee Deatherage is organizing this activity.

Step into the Spotlight

April 6 & 7, 2006

ODA Spring Convention 2006

DoubleTree at Warren Place, Tulsa, OK

Please: 1) Type or print legibly. 2) Only one person per form (except for award luncheon guests) 3) Make a copy for your records
4) A printed receipt will be given to you when you check in at the convention.

Name: _____

(As you want it on your name tag, including credentials)

Circle one: RD DTR Student Retired ADA Member CDM Vendor Rep Guest (for meal)

Are you a member of ADA/ODA? Yes No Are you receiving a scholarship or award? Yes No

Company/School: _____

Mailing Address: _____

Daytime Phone:(____)_____ Evening Phone:(____)_____

E-mail Address:_____ This is helpful if we need to send updates.

Registrations postmarked after **March 25, 2006** will be charged on-site registration price with no meal guarantee.
Full refund requests must be postmarked by **March 25, 2006**. Late requests will have \$25/day deducted from refund.
Badges required for entry to meetings & exhibits. **No half day or single session registrations.**

Ticket Order (Circle your choices)	CPEUs (maximums)	ADA member/ CDM	Student	Retired ADA Member	Non-ODA Members/ Others
Pre-registrations-Postmarked on or before 3/25/06					
Both Days (includes Friday lunch)	12 seminar 2 exhibit	\$140	\$50	\$50	\$230
Thursday only (lunch not included)	6 seminar	\$70	\$25	\$25	\$115
Thursday Awards Luncheon	No CPE	\$20	\$20	\$20	\$20 x # ___ =
Thursday Evening Networking Session	Free at St. Francis	Will you be attending? Yes No			
Friday only (lunch included with pre-registration)	6 seminar 2 exhibit	\$85	\$35	\$35	\$130
Friday lunch only		\$15	\$15	\$15	\$15
Late (Postmarked after 3/25/06) and On-site (no meals included) Registrations					
Both Days (Friday lunch is not guaranteed with late registration)	12 seminar 2 exhibit	\$170	\$50	\$65	\$260
Thursday only (lunch not included)	6 seminar	\$85	\$25	\$35	\$130
Friday only (lunch is not guaranteed with late registration)	6 seminar 2 exhibit	\$100	\$35	\$45	\$145
TOTAL					

Do you want vegetarian meals?

As it is difficult to control room temperatures, please dress accordingly (layers).

If you are a student volunteer, please send your application to Jennifer Scott, 1801 W Miami St, Broken Arrow, OK 74011

Check (payable to Oklahoma Dietetic Association): Amount _____

Credit Card: (Circle) Visa Mastercard (We cannot take debit cards.)

Signature _____

Card number _____ Expiration Date _____

Mail or fax form and payment to

The Ticket Office:

Rovilla Schell

5019 E 4th St

Tulsa, OK 74112-1417

If your facility pays, do not let them enter this address as the ODA office in their database.

Fax: (405) 744-1180 (ODA office)

rsshell@cox.net

The scene will be set at the:

DoubleTree Hotel \$79/night-for a standard room
6110 S. Yale Ave with 1-4 people
Tulsa, OK (918) 495-1000

Make reservation through the DoubleTree by **March 21, 2006** to ensure receiving the convention rate. Mention ODA Convention when you register.

Please indicate your choices for concurrent sessions. This will help the planning committee with room assignments. Thank you.

Thursday	2:45-3:45 pm	Check your choices
Protein Powders, Potions, and Elixirs		
Infant Metabolic Disorder: The Nutrition Care Process		
Thursday	3:55-4:55 pm	
Palliative Care- Comfort for Patients with Complex Disease and Terminal Illness		
Perfecting Your Professional Sound and Dance through Mentoring		
Friday	2:45-3:45 pm	
Step into the Child Nutrition Spotlight-The Good News about School Lunches		
Evidence-Based Research in Three Acts		
Phosphate....The Silent Killer with Good Taste		
Friday	3:50-4:50 pm	
Navigating Your First Job (Student Session)		
Insulin Pumps: The Pancreas' Understudy		
Nutrition Care Process-The Next Step		