

EMU's Student Dietetic Association is proud to present, Zonya,  
"America's Nutrition Leader" in celebration of National Nutrition Month.



**Zonya**  
**AMERICA'S NUTRITION LEADER**

# 100% Fad-Free

Ditch the diet mentality and discover how 8 simple habits when adopted one after the other – at a pace that works for you – will become an invisible force, controlling your weight naturally forever.

**Monday, March 12, 2007 at 7:00 PM**

Eastern Michigan University, Student Center  
900 Oakwood Street, Ypsilanti, Michigan

**734-487-1157**

**Tickets: \$5.00**

(must be purchased prior to event)

*All proceeds go to "Food Gatherers" Agency*

To learn more about Zonya, the host of *Zonya's Health Bites* on PBS, visit [www.Zonya.com](http://www.Zonya.com)

*Tickets available at:*

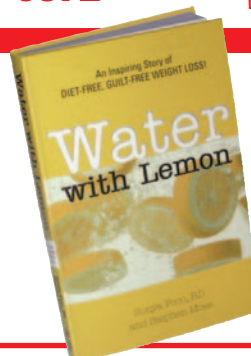
**Office of Nutrition Services**  
108 Roosevelt, Ypsilanti  
**(734) 487-6572**

*Office hours:*

**M,T,Th 9:00-4:00;**  
**W. 11:00-3:00**  
*cash or checks only*  
*will call available*

**Presented by: Eastern Michigan University Student Dietetic Association**

**Co Sponsors:** College of Health and Human Services, Dietetics and Human Nutrition Program, Office of Nutrition Services, School of Health Sciences



Sales and book signing of Zonya's latest co-authored weight-loss novel, *Water with Lemon*, will be available through EMU Student Dietetic Association at the event. \$5.00 from each sale will be donated to the Washtenaw County "Food Gatherers" agency.

Other products from Zonya will also be available for purchase after the event.

Parking: Paid event parking at Student Center For directions: [www.emich.edu/admissions/visit/directions/index.html](http://www.emich.edu/admissions/visit/directions/index.html)